## BACCALAUREATE DEGREE PLAN Associate in Science (AS) to Kinesiology\_Exercise Science Concentration

## North Carolina Community College Course

Specific Course Required

**Elizabeth City State University Course** 

2007.00   2007		Course credit			Course
No.   1.03 Companyable   Prince Act   1.05		26:10			credit
Month   Mont					
International Sciences (must come from at least two disciplines)				·	
Social dehavioral Sciences (must come from at least two disciplines)	Communications/ numanities/ rine Arts (Ifom min 2 din disc)	0 SHC			
Mathematics  8 SHC  WATH 135 College Algebra or MATH 136  Single Variable (Frequency or MATH 136 College Algebra o	Social Rehavioral Sciences (must come from at least two disciplines)	6 SHC	<u> </u>		
Mathematics   8 SHC   MATH 115 College Algebra or MATH 118   Additional Science and Mathematics A   3-4 SHC   Proceedings or Math 116 Sciencing of Single Variable I required   Additional Science and Mathematics A   4-5 HC   Single Variable I required   Additional Science and Mathematics A   4-5 HC   Matural Science   8-5 HC   BIOL 111. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Biology for Majors II   4-5 HC   BIOL 101. General Chemistry II   BIOL	223.2. 23.27.07.07.00.00.000 (	33110			
Natural Sciences	Mathematics	8 SHC	Precalculus or MATH 165 Calculus of	Natural Science and Mathematics A	3 -4 SHC
BIOL 112: General Biology for Majors II BIOL 102 General Biology for Majors II SHC Prec Elective Hours (Includes additional Shift Prec Includes Additional Shift Prec Includes Additional Shift Prec Includes (Includes Additional Shift Prec Includes Additional Shi					
Additional General Education Hours    13-14 SHC	Natural Sciences	8 SHC			
hours from Humanities and Fine Arts 8 and Natherina Applicables)  810 165 / 810L 168 Anatomy and Physiology 11 4 5HC  810 166 / 810L 169 Anatomy and Physiology 11 4 5HC  CMM 135 General Themistry 1  CHM 135 General Themistry 1 Lab 4 SHC  PWY 35 General Physics 3 PHYS 136 General Physiology 11 4 5HC  RACA 122 College Transfer Success 1 3HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 11 4 5HC  CMM 135 General Physiology 11 2 PHYS 136 General Physiology 12 PHYS 136 General Physiology 13 PH			BIOL 112: General Biology for Majors II		
BIO 166/ BIOL 196 Anatomy and Physiology II   4 SHC	Additional General Education Hours	13-14 SHC		hours from Humanities and Fine Arts B	1 SHC
CHM 151 General Chemistry   CHEM 101 General Chemistry   Lab   4 SHC					
14 SHC					
PHY 251 General Physics 1 Physics 1 Physics 1 Lab 4 SHC PHY 252 General Physics 2 Physics 2 Physics 1 Lab 4 SHC CHM 152 General Chemistry II Lab 4 SHC CHM 152 General Chemistry II CHM 152 General Chemistry II Lab 4 SHC CHM 152 General Chemistry II CHM 152 General Chemistry II Lab 4 SHC CHM 152 General Chemistry II Lab 4		ļ		, .	
PHY 525 General Physics 17   Lab   4 SHC	Other Required Hours	14 SHC	·		
CHM 152 General Chemistry II CHM 102 General Chemistry II / Lab 4 SHC ACA 122 College Transfer Success 1 SHC UNIV 110 Freshman Seminar I 1 SHC TOTAL SEMESTER HOURS 60-61 SHC COURSES TO BE TAKEN AT ECSU (prerequisite)  If take this at an NC Community College, it would satisfy the requirement in column D General Electives (RIV 205 Technology Applications in 2 SHC (RIV 205 Technology Applications in 2 SHC (RIV 205 Technology Applications in 3 SHC (RIV 205 Technology Applications in 4 SHC (RIV 205 Technology Applications in 4 SHC (RIV 205 Technology Applications and Care of Athletic 3 SHC (RIV 205 Application and Care of Athletic 3 SHC (RIV 205 Application) Application and Care of Athletic 1 SHC (RIV 205 Application) Application and Candidation and Conditioning (RIV 401 Motor Learning and Motor Behavior Application Activity Course 1 SHC (RIV 401 Motor Learning and Motor Behavior Application Activity Course 1 SHC (RIV 401 Motor Learning and Motor Behavior Application Activity Course 1 SHC (RIV 401 Motor Learning and Motor Behavior Application Activity Course 1 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Research Design 4 SHC (RIV 401 Motor Learning and Resear		-			
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TOTAL SEMESTER HOURS 60-61 SHC  TOTAL SEMESTER HOURS 60-61 SHC  COURSES TO BE TAKEN AT ECSU (prerequisite)  General Electives (IN 203 Technology Applications in 2 SHC KIN 239 Introduction to Kinesiology 2 SHC KIN 390 Prevention and Care of Athletic Injuries (IN 30 SP revention and Care of Athletic Injuries (IN 30 Statistics and Athletic) (IN 30 Sp Applied Techniques in Strength and Conditioning (IN 41 Most Motor Learning and Motor Behavior HITH 369 Principles of Nutrition 3 SHC HITH 369 Principles of Nutrition 3 SHC PSY 301 Statistics and Research Design 4 SHC RIN 437 (Exercise Prescription and Testing/Lab Core Electives (8 credits hours from following sensions) 4 SHC KIN 495 (Biomechanics 4 SHC KIN 495 (Riesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 497 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 497 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 492 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 492 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 492 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 492 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 492 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 493 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following courses) KIN 493 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following course) KIN 493 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following course) KIN 493 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following course) KIN 493 (Sinesbiology Field Experience II SHC Core Electives (8 credits hours from following course) KIN 493 (Sinesbiolog			CHIVI 152 General Chemistry II	, ,	
If take this at an NC Community College, it would satisfy the requirement in column D		1 SHC			
requirement in column D  General Electives  IKIN 203 Technology Applications in 2 SHC  IKIN 239 Introduction to Kinesiology 2 SHC  IKIN 300 Exercise Physiology 3 SHC  IKIN 30	TOTAL SEMESTER HOURS	60-61 SHC		TOTAL SEMESTER HOURS	60-61 SHC
KIN 205 Technology Applications in 2 SHC				(prerequisite)	
KIN 239 Introduction to Kinesiology 2 SHC  KIN 300 Exercise Physiology 3 SHC  KIN 309 Prevention and Care of Athletic 3 SHC  Injuries  KIN 370 Kinesiology 3 SHC  KIN 399 Applied Techniques in Strength 3 SHC  KIN 399 Applied Techniques in Strength 3 SHC  KIN 401 Motor Learning and Motor 3 SHC  Behavior  HLTH 369 Principles of Nutrition 3 SHC  PPD Physical Education Activity Course 1 SHC  PPS 301 Statistics and Research Design 4 SHC  KIN 447/L Exercise Prescription and 4 SHC  KIN 447/L Exercise Prescription and 7 SHC  KIN 491 Kinesiology Field Experience I 3 SHC  KIN 492 Kinesiology Field Experience I 3 SHC  Core Electives (8 credits hours from following courses)  KIN 242 Teaching Team Sports  KIN 242 Teaching Team Sports  KIN 309 Research in Physical Education 3 SHC  KIN 409 Research 1 SHC  KIN 409 Nutrition for Fitness and Sport 3 SHC  KIN 409 Nutrition for Fitness and Sport 3 SHC  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 431 Scientific Basis of Health and Aging  KIN 448 Exercise Prescription for Chronic Disease					2 5110
KIN 300 Exercise Physiology 3 SHC KIN 369 Prevention and Care of Athletic Injuries KIN 370 Kinesiology 3 SHC KIN 399 Applied Techniques in Strength 3 SHC AND More and Conditioning KIN 401 Motor Learning and Motor Behavior HLTH 369 Principles of Nutrition 3 SHC Behavior HLTH 369 Principles of Nutrition 3 SHC PSY 301 Statistics and Research Design 4 SHC KIN 447/L Exercise Prescription and 4 SHC KIN 442 Kinesiology Field Experience II 3 SHC KIN 492 Kinesiology Field Experience II 3 SHC Core Electives (8 credits hours from following courses) KIN 492 Kinesiology Field Experience II 3 SHC Core Electives (8 credits hours from following courses) KIN 492 Kinesiology Field Experience II 3 SHC Core Electives (8 credits hours from following courses) KIN 242 Teaching Team Sports 2 SHC KIN 400 Wellness Programming and Administration KIN 420 Wellness Programming and Administration KIN 420 Wellness Programming and Administration KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 435 Scientific Basis of Health and Aging KIN 448 Exercise Prescription for Chronic Disease					
KIN 369 Prevention and Care of Athletic Injuries   SHC					
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KIN 399 Applied Techniques in Strength and Conditioning KIN 301 Motor Learning and Motor Behavior  KIN 401 Motor Learning and Motor Behavior  HLTH 369 Principles of Nutrition 3 SHC  PPED Physical Education Activity Course  1 SHC  Physical Education Requirement 1 SHC  PSY 301 Statistics and Research Design 4 SHC  KIN 447/L Exercise Prescription and Testing/Lab  KIN 447/L Exercise Prescription and Testing/Lab  KIN 491 Kinesiology Field Experience 1 3 SHC  KIN 492 Kinesiology Field Experience 1 3 SHC  KIN 492 Kinesiology Field Experience 1 3 SHC  Core Electives (8 credits hours from following courses)  KIN 307 Teaching Lifetime Leisure Pursuits  KIN 408 Research in Physical Education 3 SHC  KIN 409 Wellness Programming and Administration 3 SHC  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 435 Scientific Basis of Health and Aging  KIN 448 Exercise Prescription for Chronic Disease					3 SHC
and Conditioning  KIN 401 Motor Learning and Motor Behavior  HLTH 369 Principles of Nutrition 3 SHC PED Physical Education Activity Course 1 SHC Physical Education Requirement 1 SHC Physical Education Requirement 1 SHC Pry 301 Statistics and Research Design 4 SHC KIN 447/L Exercise Prescription and Testing/Lab KIN 405/L Biomechanics 4 SHC KIN 491 Kinesiology Field Experience I 3 SHC KIN 492 Kinesiology Field Experience I 3 SHC Core Electives (8 credits hours from following courses) KIN 242 Teaching Team Sports KIN 242 Teaching Team Sports KIN 307 Teaching Lifetime Leisure Pursuits KIN 403 Research in Physical Education 3 SHC KIN 403 Research in Physical Education 3 SHC KIN 403 Nutrition for Fitness and Sport KIN 430 Nutrition for Fitness and Sport KIN 430 Nutrition for Fitness and Sport KIN 438 Exercise Prescription for Chronic Disease KIN 448 Exercise Prescription for Chronic Disease					3 SHC
Behavior HLTH 369 Principles of Nutrition 3 SHC PED Physical Education Activity Course 1 SHC Physical Education Requirement 1 SHC PSY 301 Statistics and Research Design 4 SHC KIN 447/L Exercise Prescription and 7 SHC RIN 405/L Biomechanics 4 SHC KIN 491 Kinesiology Field Experience 1 3 SHC KIN 492 Kinesiology Field Experience 1 3 SHC Core Electives (8 credits hours from following courses) KIN 242 Teaching Team Sports 2 SHC KIN 307 Teaching Lifetime Leisure Pursuits KIN 403 Research in Physical Education 3 SHC KIN 420 Wellness Programming and Administration 3 SHC KIN 420 Wellness Programming and Administration 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 430 Scientific Basis of Health and Aging KIN 448 Exercise Prescription for Chronic Disease					3 SHC
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PED Physical Education Activity Course 1 SHC Physical Education Requirement 1 SHC PSY 301 Statistics and Research Design 4 SHC KIN 447/L Exercise Prescription and Testing/Lab 4 SHC KIN 47/L Exercise Prescription and Testing/Lab 4 SHC KIN 405/L Biomechanics 4 SHC KIN 405/L Biomechanics 4 SHC KIN 491 Kinesiology Field Experience I 3 SHC KIN 492 Kinesiology Field Experience II 3 SHC Core Electives (8 credits hours from following courses) KIN 242 Teaching Team Sports 2 SHC KIN 242 Teaching Team Sports 2 SHC KIN 307 Teaching Lifetime Leisure Pursuits 2 SHC KIN 403 Research in Physical Education 3 SHC KIN 400 Research in Physical Education 3 SHC KIN 400 Nutrition for Fitness and Sport 3 SHC KIN 430 Nutrition for Fitness and Sport 3 SHC KIN 435 Scientific Basis of Health and Aging KIN 448 Exercise Prescription for Chronic Disease 3 SHC					3 SHC
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KIN 242 Teaching Team Sports 2 SHC KIN 307 Teaching Lifetime Leisure Pursuits 2 SHC  KIN 403 Research in Physical Education 3 SHC  KIN 420 Wellness Programming and Administration 3 SHC  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 435 Scientific Basis of Health and Aging  KIN 448 Exercise Prescription for Chronic Disease 3 SHC				Core Electives (8 credits hours from	3 SHC
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Pursuits  2 SHC  KIN 403 Research in Physical Education 3 SHC  KIN 420 Wellness Programming and Administration  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 430 Nutrition for Fitness and Sport 3 SHC  KIN 435 Scientific Basis of Health and Aging  KIN 448 Exercise Prescription for Chronic Disease  3 SHC		1			2 SHC
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KIN 448 Exercise Prescription for Chronic Disease 3 SHC					3 SHC
					3 SHC
				Chronic Disease	3 3110

	HLTH 450 Health Parity: Rural, Urban, and Global Contexts	3 SHC
	HLTH 465 Drug Education	3 SHC
	TOTAL CREDITS AT ECSU (Can be reduced by transferring in courses in Column A that correspond to courses required at ECSU)	60 SHC

If you complete your AS at a North Carolina Community College, any General Education course that you have not taken that is required at Elizabeth City State University will be waived EXCEPT for those courses specified by the major program as required General Education courses.

Please note: The following ECSU General Education courses cannot be waived per the CAA: General education/cognate courses required for major, health, and physical education activity course. These courses are required for graduation from ECSU. Students may complete these courses as part of their AA or AS degree with a grade of C or higher and transfer credit to ESU to fulfill these course requirements.

Reviewed by: Dr. Boung Jin Kang Date of Review: June/ 13 /2021