

BACCALAUREATE DEGREE PLAN
Associate in Arts (AA) to Kinesiology_PE-Teaching Concentration

| North Carolina Community College Course | | Specific Community College Course Required | Elizabeth City State University Course | |
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| | <i>Course credit</i> | | | <i>Course credit</i> |
| ENG 111 Writing and Inquiry | 3 SHC | | ENGL 102 Composition I | 3 SHC |
| ENG 112 Writing/Research i | 3 SHC | | ENGL 103 Composition II | 3 SHC |
| Communications/Humanities/Fine Arts (from min 2 diff disc) | 9 SHC | ENG 231 American Literature I or ENG 232 American Literature II or ENG 241 British Literature I or ENG 242 British Literature II | ENGL 201/202 World Literature I/II | 3 SHC |
| | | | Humanities and Fine Arts A | 3 SHC |
| | | | Humanities and Fine Arts B | 2 SHC |
| Social Behavioral Sciences (must come from at least two disciplines) | 9 SHC | | Social and Behavioral Science A | 3 SHC |
| | | PSY 150 General Psychology | PSY 212 General Psychology | 3 SHC |
| | | | Social and Behavioral Science B | 3 SHC |
| Mathematics | 3-4 SHC | MATH 115 College Algebra or MATH 118 Precalculus or MATH 165 Calculus of Single Variable I | Natural Science and Mathematics A | 3 SHC |
| Natural Sciences | 4 SHC | BIOL 101: General Biology for Majors I required | BIOL 101/L General Biology for Majors I with Lab | 4 SHC |
| Additional General Education | 13-14 SHC | | Additional General Education Hours | 4 SHC |
| | | | Free Elective Hours (includes extra credits from Humanities and Fine Arts B and Mathematics if applicable) | 3 SHC |
| PHY 251 General Physics I | 4 | | PHYS 181 General Physics I / Lab | 4 SHC |
| PHY 252 General Physics II | 4 | | PHYS 182 General Physics II / Lab (PR: PHYS 181 Minimum Grade of D) | 4 SHC |
| BIOL 112 General Biology 2 | 4 | | BIOL 102 General Biology for Majors II (PR: BIOL 101 Minimum Grade of D) | 4 SHC |
| Other Required Hours | 14 SHC | | Additional Elective Hours | 4 |
| ACA 122 College Transfer Su | 1 SHC | | UNIV 110 Freshman Seminar I | 1 SHC |
| | | HEA 110 Personal Health/Wellness | HLTH 185 Health Concepts | 2 SHC |
| | | PED Physical Education Activity Course | Physical Education Requirement | 1 SHC |
| BIO 165 / BIOL 168 Anatomy | 4 | | BIOL 215 Anatomy and Physiology I | 4 SHC |
| BIO 166 / BIOL 169 Anatomy | 4 | | BIOL 216 Anatomy and Physiology II | 4 SHC |
| TOTAL SEMESTER HOURS | 60-61 SHC | | TOTAL SEMESTER HOURS | 60 SHC |
| If take this at an NC Community College, it would satisfy the requirement in column D | | | COURSES TO BE TAKEN AT ECSU (prerequisite) | |
| | | | General Electives | 4 SHC |
| | | | KIN 205 Technology Applications in Recreation, Fitness, and Wellness | 2 SHC |
| | | | KIN 239 Introduction to Kinesiology | 2 SHC |
| | | | KIN 300 Exercise Physiology (PR: BIOL 215) | 3 SHC |
| | | | KIN 369 Prevention and Care of Athletic Injuries | 3 SHC |
| | | | KIN 370 Kinesiology (PR: KIN 300) | 3 SHC |
| | | | KIN 399 Applied Techniques in Strength and Conditioning (PR: KIN 300 and KIN 370) | 3 SHC |
| | | | KIN 401 Motor Learning and Motor Behavior | 3 SHC |

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| | | | HLTH 369 Principles of Nutrition | 3 SHC |
| EDU 216 Foundations in Education | 3 | | EDUC 210 Professional Studies I: Introduction to Education | 3 SHC |
| | | | EDUC 220 Praxis Core Seminar | 3 SHC |
| | | | EDUC 310 Professional Studies II: Special Education & Diverse Learners | 3 SHC |
| | | | EDUC 440 Methods of Teaching Physical Education and Health Education | 3 SHC |
| | | | EDUC 470 Observation and Supervised Teaching in Health and Physical Education and Health | 9 SHC |
| | | | EDUC 478 Seminar in Contemporary Educational Issues | 3 SHC |
| | | | Core Electives (8 credits hours from following courses) | |
| | | | KIN 242 Teaching Team Sports | 2 SHC |
| | | | KIN 307 Teaching Lifetime Leisure Pursuits | 2 SHC |
| | | | KIN 403 Research in Physical Education | 3 SHC |
| | | | KIN 420 Wellness Programming and Administration | 3 SHC |
| | | | KIN 430 Nutrition for Fitness and Sport | 3 SHC |
| | | | KIN 435 Scientific Basis of Health and | 3 SHC |
| | | | KIN 448 Exercise Prescription for Chronic Disease | 3 SHC |
| | | | KIN 470 Adapted Physical Education | 3 SHC |
| | | | HLTH 450 Health Parity: Rural, Urban, and Global Contexts | 3 SHC |
| | | | HLTH 465 Drug Education | 3 SHC |
| | | | TOTAL CREDITS AT ECSU (Can be reduced by transferring in courses in Column A that correspond to courses required at ECSU) | 60 SHC |

If you complete your AS at a North Carolina Community College, any General Education course that you have not taken that is required at Elizabeth City State University will be waived EXCEPT for those courses specified by the major program as required General Education courses.

Reviewed by: Dr. Boung Jin Kang
Date of Review: June/ 13 /2021