Your Voyage Begins Now!
Medical Staff

Student Health Services staff

- Director
- Board certified Physician
- Registered Nurse
- LPN
- Office Manager/Billing Specialist
- Administrative Assistant
Services Offered

Did You Know?

Student Health Services is a full functioning clinic for ECSU students!
Staff: Director, Doctor, RN, LPN, Billing Officer, Front Desk Receptionist

★ Well / Sick visits
★ Strep/ Flu/ COVID Tests
★ Men’s wellness screening tests
★ physicals
★ pap exams
★ STI Tests
★ minor wound care
★ Urinary tract infections

Clinic Hours
M-F 9am - 5pm

Telehealth services offered in the Fall 2021
Available 24/7 to all students

Schedule your appointment today!
Location: Griffin Hall
Telephone: 252-335-3287
Programs Offered

Peer Wellness Ambassadors

Mission Statement

The Mission of the Peer Wellness Ambassador program is to promote holistic health in the ECSU campus community, as students engage with their peers to create balance and gain the necessary knowledge, skills, and resources to enhance holistic health outcomes.

- Nutrition Education
- STI Education
- COVID-19 Education
- Physical Health (collaborate with Campus Rec & Wellness)
- Mental Health (collaborate with Counseling Services)

*Opportunities for Work-Study and Internships available*
Student Health Requirements

All students taking more than six credit hours on campus must provide the following

Medical History Forms
✓ Deadline for forms FALL – July 15
✓ Deadline for forms SPRING – December 4

Immunizations Records
• All students must submit documentation of 3 DTP (Diphtheria, Tetanus, Pertussis); Td or Tdap (booster); and 2MMR ('measles, mumps, and rubella).
• It is recommended that students provide proof of COVID-19 vaccinations in order to opt out of re-entry testing and surveillance testing.
Medical Form submission

☑ Student Health Services office (Griffin Hall)
☑ Campus Fair
☑ Mailed: ECSU Student Health Services, Campus Box 885, Elizabeth City, North Carolina, 27909
☑ Fax: 252-335-3269
☑ Email: shs@ecsu.edu
Student Health Insurance

Enroll or Waive by Sept. 10

All eligible students MUST enroll or waive coverage during the open enrollment period.

• All students enrolled in 6 credit hours or more who do not waive the health insurance fee, will be automatically covered under a health insurance policy provided by the university and your student account will be charged accordingly.

• To enroll or waive, please visit http://www.bcbsnc.com/student

Contact ECSU Student Accounts for additional questions.
Student Health Services

Clinic Hours
Monday – Friday 9:00 a.m. – 5:00 p.m.
(252) 335-3267

Griffin Hall Building, Suite 300
Campus Box 885
Elizabeth City State University
1704 Weeksville Rd
Elizabeth City, NC 27909
shs@ecsu.edu
Community Standards

Ms. Tiffany Hinton, Assistant Dean of Student Development
Marijuana is illegal in NC and a violation of the Student Code of Conduct.

ECSU is a **DRY** campus.

We encourage you to use your **WORDS**, not hands when settling disagreements/misunderstandings.

We will not tolerate **STEALING** from others...roommates, professors, community members, etc.
Violations of the Student Code of Conduct can impact your standing at the University.

Prohibited Behavior

- Acts of Dishonesty
- Alcohol
- Assault
- Disruptive/Disorderly Conduct
- Drugs, Drug Paraphernalia, & Other Controlled Substances
- Electronic Devices
- Endangering Health/Safety
- Failure to Comply
- False Alarm/Misuse of Fire or Safety Equipment
- Gambling
- Harassment, Bullying, or Intimidation
- Hazing
- Misuse of Student Conduct System
- Offensive or Disruptive Speech/Conduct
- Sexual Misconduct
- Theft
- Unauthorized Entry/Trespassing
- Vandalism/Property Damage
- Violation of Local, State, and/or Federal Law
- Violation of University Policies, Regulations, and/or Rules
Freedom of Expression

- House Bill 527 protects speech on UNC System campuses
- The University does not tolerate, condone, or permit behavior that violates the First Amendment rights of students, members of the University community, or other non-affiliated groups or individuals
- Every Viking has the right to express his or her opinion; within limits of the law

**NOT PROTECTED:**
- Obscenity
- Fighting words/threats of violence
- Defamatory remarks (lies that damage reputation)
- Solicitation to commit crimes
- Disruption of the academic environment
- Bullying, harassment

- The Outdoor Classroom has been identified by the University as a designated public forum.
- The Responsible Officer” who shall be responsible for ensuring compliance with UNC Policy 1300.8, Article 36 of Chapter 116 of the North Carolina General Statutes, as well as answer any questions or concerns is:

  Ms. Tiffany Hinton
  trhinton@ecsu.edu | (252)335-3276
Summary

- 500.1.1 Student Code of Conduct
- 900.1.10 Freedom of Expression and Speech

**We do NOT expect that you:**

- Know it all
- Never make a mistake
- Remember every policy and procedure on campus by heart

**BUT....**

We do expect you **READ** the policy, **ASK** questions, **OWN** your actions and make responsible and appropriate decisions.
Tiffany Hinton
Assistant Dean of Student Development
Griffin Hall, Suite 400
communitystandards@ecsu.edu
252-335-3562
DIT Resources

• Welcome Email and Self-Service Password
• DUO Multifactor
• Wireless Access and BYOD
• Myviking.ecsu.edu & Office365
• Self-Service Banner
• LinkedIn Learning
• Spectrum-U
Dear ECSU Student:

Welcome! The Division of Information Technology (DIT) is excited to provide you with your VikingOne account. Your VikingOne account username is [REDACTED] and your Student ID also known as the 97 number is [REDACTED] A.

As an ECSU student, you will use your VikingOne account to access these services: E-mail, University computers, Wi-Fi, Blackboard, E4U, LinkedIn Learning, and Self Service Banner (SSB). You must set up your VikingOne password.

1. To get started, go to the Self-Service Password Portal at the address below to setup and manage your VikingOne account secret password.

https://password.ecsu.edu

Setup your password by first logging in with your one time authorization code. Do this by selecting the "By providing the answer to your security question" radio button from the menu and click Next. Enter [REDACTED] with your date of birth, and hit SUBMIT. The system will ask that you set up your security questions and create a custom password.

Please note the password requirements:

- All passwords used must be strong passwords.
Important Links

• https://password.ecsu.edu
Self-Service Banner (SSB) is an online system that allows students to view and modify course schedules, register for classes, review grade history, billing, and financial aid information.

To access SSB:
1. Go to the ECSU website.
2. Select "Banner" from the top menu.
3. Select "Self-Service Banner (SSB) Login".
4. Use your VikingOne credentials to log in. Your username is the first part of your ECSU email before the @ symbol, and the password is the one you created.

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[ Week at a Glance | Student Detail Schedule | View Fee Assessment ]
The Bring Your Own Device (BYOD) self-service portal allows students to add up to 5 of their personal devices to the campus wifi that **do not support username authentication**, such as Smart TV's and gaming consoles.

Please note that the BYOD portal is only accessible from the campus network, including the Campus WiFi or Computer Labs. You can connect to the wifi named "Viking" from a computer or phone by entering your VikingOne username and password, and then after adding a device like a smart TV in the BYOD portal, you can then connect your smart TV to the wifi named "mab".

**How to add a device via the BYOD Portal.**

- Go to the BYOD Portal by clicking [here]. **Note:** The BYOD portal is only accessible while connected to the campus internet.
- Enter your **ECSU Username** in the Username field
To achieve your student and personal goals, take advantage of LinkedIn Learning.

LinkedIn Learning is a leading online learning platform, provided **free** for ECSU students, featuring thousands skill topics….
Let's Find Your School
To get started, type your school's email domain and select Submit. Then, we'll redirect you to a page where you'll sign in with your school username and password.
How To Get IT Help

Best Method:

• **Internet**: helpdesk.ecsu.edu/
  Please provide as much detail as possible.

Other Methods:

• Monday – Friday  8:00am - 5:00pm
  • **Phone**: (252) 335-3532
  • **In Person**: Room 218 Information Technology Center (blue roof building)
QUESTIONS?
Financial Aid
What is Financial Aid?

• Funds provided to students to help pay for college expenses

Consists of:

<table>
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<th>Grants</th>
<th>Loans</th>
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<td>Scholarships</td>
<td>Employment</td>
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• ALL students are eligible for some form of financial assistance if the FAFSA (Free Application for Federal Student Aid) is completed

• Aid is tentative - students must meet certain eligibility requirements to receive financial aid
Scholarships/Outside Aid

- Separate applications are not needed for internal scholarships - all eligible students are considered
- Follow us and view our website for additional scholarship opportunities
- Any outside aid (scholarships, etc.) must be reported
Many of your financial aid answers are found by logging into your SSB and viewing the financial aid tab.

- Financial Aid Offer
- Financial Aid Requirements needed for awarding
- Additional needed documents:
  - Direct Loan Entrance Counseling
  - Direct Loan Master Promissory Note
- Financial Aid Status (aid disbursed to bill, financial aid warning, etc.)
Entrance Counseling and Loan Agreement (MPN)
You must complete your FAFSA every year.

You may only be awarded up to your cost of attendance (COA), including outside aid.

Your aid may be adjusted if you decide to withdraw.

You may only receive financial aid at one institution at a time.

You cannot be in default or owe the Dept. of Education money from a refund.

You authorize ECSU to use your aid for your direct costs.

You must meet the requirements of Satisfactory Academic Progress.
The requirements to maintain financial aid eligibility

- **2.0 GPA**
  - Undergrads must maintain a cumulative 2.0
  - Graduates: 3.0

- **67% Pace**
  - Beware of withdrawals
  - \(0.67 \times \text{(# of overall credits)}\)

- **150% Timeframe**
  - Cannot attempt over 150% of credits needed for your degree
If all outstanding requirements are completed, financial aid will appear as credits on your bill.

Financial aid funds are applied first to pay tuition and fees, then to university housing, and other educational expenses.

Aid adjustments may be required if student eligibility changes.

Remaining balances must be covered by tuition deadline.

Disbursement =/= refund. Credit balance refunds are processed by Student Accounts.
Additional Loan Options

• Parent PLUS Loan for Dependent Students
  • Apply at www.studentloans.gov

• Alternative/Private Loans
  • Most students need co-borrowers
  • Rates and terms vary
Important Deadlines

**FAFSA AVAILABLE**
- October 1

**FAFSA COMPLETION**
- March 1

**VERIFICATION COMPLETION**
- July 1

**BALANCE CLEARED**
- August 1
Know Your Counselor

Students A - G  Dawn Brumsey  dlbrumsey@ecsu.edu
Students H - Q  Towanniah Morris  tsmorris@ecsu.edu
Students R - Z  Cynthia Williams  cswilliams2@ecsu.edu

230 Marion D. Thorpe, Sr. Administration Building
Telephone: 252-335-3282 | Toll Free: 800-347-ECSU (3278) | Fax: 252.335.3716
Email: financial_aid@ecsu.edu | Office Hours: M - F, 8:00 a.m. - 5:00 p.m.
Virtual Financial Aid Lobby - https://ecsu.zoom.us/j/91956938189
Follow:  "Facebook" "Twitter"
Student Accounts
Student Accounts Services

- Tuition Assessment - tuition, fees, room & board
- Billing – electronic bills online (eBills)
- Collect tuition payments
- Process health insurance waivers
- Determine clearance status
- Process electronic vouchers
- Process book rental requests
- Process refunds
- 1098T student tax forms
Office of Student Accounts
SSB Portal

- View billing statements
- Review charges and credits
- Make payments
- Setup payment plans
- Add authorized users
- Setup direct deposit of refund check
- Add payment methods
- Sign up for text message notification
- Setup electronic delivery of 1098T tax form
Paying Your Bill

• Financial Aid awards will be posted to your account
• Outside Scholarships – Provide Documentation
• Third party payments should be confirmed
• Military benefits will be confirmed
• Out of Pocket
  • Payment plans
  • Pay balance in full
Registration and Clearance

Final Steps

Clearance Process

• Register for classes
• Satisfy your tuition and fee bill
• Receive email of clearance status
• If residing on campus, move in
• Get your books
NEW STUDENT ORIENTATION

Contact Information

Office of Student Accounts
121 MD. Thorpe Administration Bldg.
Monday – Friday 8:00am – 5:00 pm
Campus Box 950
(252) 335-3471/Fax: (252)335-3022
Bursar@ecsu.edu
Virtual Lobby: 94386949944 Pw 842749

Cashier’s Window Office Hours
Monday – Friday 8:30 am - 4:00 pm
121 Marion D. Thorpe Administration Bldg.
1st Floor
Office of Title IX

Lucretia R. Banks, Title IX Coordinator
Eric Poyner, Title IX Investigator/Case Manager
What is Title IX?

• Title IX of the Education Amendments of 1972 states:
• “No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance”
What is sex discrimination?

• Sex discrimination includes all forms of sexual harassment, including verbal sexual harassment and sexual violence, i.e.
  • Sexual Assault
  • Sexual Harassment
  • Sexual Exploitation
  • Interpersonal Violence (Dating Violence and Domestic Violence)
  • Sex or Gender Based Discrimination
  • Stalking
  • Pregnancy and Parenting Students
Who is covered under Title IX?

- Students
- Faculty
- Staff
- Subcontractors/Vendors
- Guests/Visitors
What does the Office of Title IX Do?

• Promotes an understanding of the requirements of federal and state laws in response to complaints of sex discrimination through trainings and seminars with faculty, staff and students

• Investigates all allegations of sex discrimination

• Provides support to both parties equally involved in allegations of sex discrimination
ECSU ~ Safety and Support

• ECSU Title IX Policy 900.4.1.5

Key Provisions and Updates

• Amnesty for witnesses and all parties involved
• Supportive Measures
• You can be anonymous as reporting party and/or witness
ECSU ~ Safety and Support

ECSU works collaboratively to provide our students with the safest and most supportive environment possible.

**On-Campus Resources**
- University Police
- Student Counseling Services
- PACE Center
- Student Health Services
- All divisions across campus

**Off-Campus Resource**
- Albemarle Hopeline

**New Mobile Safety App**
Download Today!!!
Consent – YES MEANS YES!

• A clearly and freely given word

• Consent cannot be obtained from minors or individuals who are mentally impaired

• Consent cannot be obtained by individuals who are intoxicated through drugs or alcohol (voluntarily or involuntarily)

• It is also an affirmative response, not a lack of one.
Consent

https://www.youtube.com/watch?v=fGoWLWS4-kU
Your Role in Making A Difference

Bystander Intervention

If you SEE SOMETHING, SAY SOMETHING!
Stopping Sexual Assault is Everyone’s Business!
Bystander Intervention

1. If you see someone put something in someone’s drink, what can you do?
2. If you see a couple fussing and one gets physically aggressive, what can you do?
3. Your friend is texting a girl he likes and she stops texting him back... he wants to drive by her house to see what’s going on...
4. You’re at a party and a clearly intoxicated individual is being harassed by another party-goer.
Office of Title IX

• Office Location: Griffin Hall-Room 130
• Email: lrbanks@ecsu.edu or titleixcoordinator@ecsu.edu
  • edpoyner@ecsu.edu
• Telephone: (252) 335-3907
Campus Safety & Security
University Police
• Full-Service Police Department comprised of police officers and security officers. 31 employees – Police, Security, Telecommunicators, and Emergency Management.

• We operate 24/7, patrolling the campus, academic buildings and within the residence halls.

• Our police officers have over 290 years of combined law enforcement experience.

• Our security officers have over 89 years of combined security experience

• YOUR SAFETY AND SECURITY ARE OUR #1 PRIORITY!!!!
• ALSO, WE ARE HERE TO HELP FACILITATE YOUR EDUCATIONAL PROCESS “BUT” WITHIN SAFE PERIMETERS. WE KNOW THAT SOCIAL LIFE IS IMPORTANT NOT JUST ACADEMICS!!

• Dry Campus - zero tolerance for Alcohol. As well as Narcotics and Weapons violations.

• Sexual Offenses and crimes of violence (Assaults, Domestic Violence, Stalking) are thoroughly investigated and a support/resource system is in place. Title IX, Counseling Services, Albemarle Hopeline.

• We have a strong partnership with ECPD and PCSO.
• We engage students positively daily – encouraging and supporting them.
• Student parking – All must obtain a parking permit. Cost is $75 annually or $37.50 per semester.
• Register vehicle and pay for parking permit online through ECSU parking portal located on website at ECSU Parking Services.
• You must pick-up your permits from University Police during regular business hours.

• Parking permits for Viking Village students are on a first-come first-serve basis. Overflow parking is available in the lot behind Griffin Hall.
University Police
Federal Law Requirements

• Required by Federal Law to post our Crime Statistics for the previous 3 years.
• Daily Crime Log is required which list crimes daily for the past 60 days.
• You can view our Annual Security Report (ASR) on our website.....we are a relatively safe campus.
• Also required to provide **Timely Warnings** and **Emergency Notifications** to the campus community in event of an **on-going threat or threat** to the campus. Example: Active Shooter, Weather Event or some other emergency.
• Please register your cell phone number in blackboard to receive these alerts.
• Again, YOUR SAFETY AND SECURITY ARE OUR #1 PRIORITY!!!!
• Escort Services are available for students by calling University Police.
• We encourage students to walk in pairs and remain vigilant of their surroundings.
• Emergency call boxes are located throughout the campus, about 26.
• We have about 200 cameras in strategic locations on campus. Monitored at University Police and can be viewed from patrol vehicle.
• Encourage students to report any suspicious activity to us immediately, 252-335-3266 non-emergency or emergency dial 911.
• Please enjoy your experience here and contact us at anytime. We are service oriented and here to assist you at all times!!!
Contact Information

• University Police 252-335-3266 non-emergency or emergency dial 911

• Chief John Manley 252-904-5951 cell. Email: jhmanley@ecsu.edu

• Captain Sharieka Clifton 252-452-7582 cell. Email: scclifton@ecsu.edu

• Investigator Carl Revis 252-908-5916 cell. Email: crrevis@ecsu.edu

• Are there any questions?
The Office of Student Engagement
Ridley Student Center Suite 200
We are a group of undergraduate students who officially represent the student voice and the student body to the Elizabeth City State University (ECSU) administration. We work directly with administrators to influence and change campus policy. We serve as the official governing body of ECSU students.

To quickly assess how students view an issue, administrators often look first to the SGA, and because of this, SGA members often have a seat at the decision making table that other groups may not receive. We are your representatives.
2021-2022 EXECUTIVE CABINET

- JIMMY CHAMBERS – SGA President
- SHA'NYAH MOORE - Vice President of Internal Affairs
- PAIGE WILLIAMS - Vice President of External Affairs
  - SYDNEE PLATER - Vice President of Finance
- ANGEL OXENDINE – Attorney General
- JAYLYN GRIER - Responding Secretary
- JAY'QUAHN BLACKLEDGE - Corresponding Secretary
THE STUDENT SENATE

• The legislative branch is made up of the Senate, which is comprised of 12 Senators, Speaker of the House (Vice President of Internal Affairs), and Speaker Pro Temp. The 12 senators represent the student body at ECSU by class year.

• The Speaker of the House is responsible for leading the Senate. This position is filled by the Vice President of Internal Affairs. The Speaker then appoints the Speaker Pro Temp and Chairs for Senate Committee.

• Senators are appointed to a standing committee that is responsible for representing the student body concerns as requested or deemed necessary by Student Government Association President. Students should contact their Senators with any concerns or suggestions they may have. Any student interested in affecting change on campus should consider running for Senate.
Student Government Association

FRESHMAN CLASS ELECTION DATES
August 23 & 24, 2021 – Information Meeting
August 27, 2021 – Application Due
August 30 – September 3, 2021 – Election Week
September 3, 2021 – Announce Winners
• The Campus Activities Board provides fun and creative social, multicultural, recreational and educational activities that promote student involvement on and off campus.
Requirements

1. Maintain a cumulative GPA of 2.5 (Executive Committee), 2.3 (General Members)
2. Make a one–year commitments to Campus Activities Board (Fall & Spring Semesters)
3. Actively promote and support student academic and co-curricular success
4. Plan & execute diverse quality programming
5. Foster collaboration across campus
6. Establish & maintain healthy relationships
7. Communicate effectively (oral & written)
8. The desire to grow professionally and personally
Available E-Board Positions (after current term ends)

- Vice President
- Secretary
- Marketing and Design Chair
- Spirit and Traditions Chair
- Late Night and Weekend Chair
  - General Members (Assigned to a Committee)

Unavailable to New CAB Members
- President (Must have served at least one year on CAB E-Board to apply)
Events

Special Events
- Welcome Week
- Homecoming Week
- Winter Homecoming
- Viking Fest

Main Event
- Silent headphone party
- Midnight Cafe
- Movie night(s)
- Game Night(s)
- Poetry Night
- Pool party (s)
- 3:30 Breaks
- Watch Party (CIAA Tournament)
- Spades Tournament
- Super Bowl Party
- Student Body Pregame
Join CAB!

1. Go to @ECSUCAB on Instagram
2. Click the linktree in the bio to apply to be a general member of Campus Activities Board

-OR-
1. Go to Vikings Engage
2. Click Search
3. Click "Groups"
4. Type in Campus Activities Board
5. Go to "files"
6. Apply to be a general member of Campus Activities Board

Questions

Thank you
The Royal Court

Diamond E. Rawlinson, Miss Elizabeth City State University Elect 2021-2022
Brittney D. Lamb, Advisor
The Royal Court

• The **Royal Court** is a group of elected student leaders who serve as ambassadors for Elizabeth City State University (ECSU) and their respective classes.

• Each member serves as a role model representing academic excellence and student leadership while exhibiting intelligence, talent, poise, etiquette, and humility.

• The Royal Court can be found around campus and in the community at sporting events, service engagements, and even regional and national pageants!
Members of the Royal Court after Coronation 2020
Who’s Who?

• Miss Elizabeth City State University – Diamond E. Rawlinson
• Mister Senior – Derryk Sellers
• Miss Senior – Renada White
• Mister Junior – Maxwell Mensah
• Miss Junior – Jada Jones
• Mister Sophomore – Aunestil Rosser
• Miss Sophomore – Jay'Shaun Blackledge
• Mister Freshman – VACANT
• Miss Freshman - VACANT
Mister and Miss Freshman

• Mister and Miss Freshman serve as the representatives of the Freshman class on the Royal Court.

• Roles and responsibilities:
  • Serve as active members of the Freshman Class Cabinet (SGA)
  • Attend all required events for the Royal Court
    • Community service projects
    • Sporting events
    • Other public appearances such as Coronation
  • Implement enriching programs for the Freshman class under the guidance of the Royal Court advisor.
Selection Process

1. Complete the SGA application (Aug. 2021)
2. Participate in all required SGA campaigning events including debates and mixers.
3. Network with other Freshmen
4. Vote on Election Day
5. (if elected)...serve the Freshman class well and enjoy the experience!
Thank you!
Fraternity & Sorority Life

National Pan-Hellenic Council (NPHC) SORORITIES
Alpha Kappa Alpha Sorority
Delta Sigma Theta Sorority
Zeta Phi Beta Sorority
Sigma Gamma Rho Sorority

National Pan-Hellenic Council (NPHC) Fraternities
Kappa Alpha Psi Fraternity
Phi Beta Sigma Fraternity
Alpha Phi Alpha Fraternity
Omega Psi Phi Fraternity
Iota Phi Theta Fraternity
Fraternity & Sorority Life

Honor Society & Fellowships

Alpha Phi Sigma (Criminal Justice)
Kumba Art Society
Phi Beta Lambda (Business)
Phi Lambda Upsilon (Chemistry, and Chemical Engineering)
Pi Mu Epsilon (Mathematics)
Pi Sigma Alpha (Political Science)
Psi Chi (Psychology)
Swing Phi Swing Social Fellowship
Sigma Tau Delta (English)
Sigma Alpha Pi (Leadership and Success)
Upsilon Pi Epsilon (Computer Science)
Marching Sound of Class

Juliet Boykins, Director of Bands
Stephan Naylor, Assistant Director of Bands
S.O.C. MISSION

• To Develop Outstanding Musicians
• Improve Social Growth
• Promote Good Character and Citizenship
• Provide Opportunities for LEADERSHIP Growth
We are the Mighty Vikings here to fight,
And we will conquer all our foes.
We are the Vikings standing side by side,
With Viking Pride, Viking Pride, Viking Pride!!

We're gonna take that ball and score at will,
And we will shout the victory.
We're gonna fight until we do or die,
With Viking Pride, Viking Pride, Viking Pride!!
AUDITION REQUIREMENTS

• Major scales
  • Preferably all 12 scales (do as many as you know)
• Two octaves are recommended but not required
  • Prepared piece
  • Sight reading
CONTACT INFORMATION

Elizabeth City State University
“Marching” Sound of Class

Juliet Boykins
Directors Of Bands

Email: jmboykins@ecsu.edu
Phone Number: Cell: (757)537-2779
Office: (252)335-3658

Auditions Open Now!
For more information please scan here

Follow Us on Social Media
Instagram
@soundofclass_marchingband
Twitter
@soundofclass
Facebook
@Sound of Class
NSO GUEST PRESENTATIONS
Academic Excellence:
The First-Year Experience and Academic Services
Agenda

1. Markers of Academic Excellence at ECSU
2. University Studies and the First Year Experience
3. The Transition and Tips for Your Viking Experience
4. University Studies Services
5. Campus Resources
First Year Advising
General Education curriculum
Freshman Pinning Ceremony
Freshman Seminar
Service Learning
Special Interest Groups/ Workshops
ELIZABETH CITY STATE UNIVERSITY

Department of UNIVERSITY STUDIES

WE ARE PLEASED TO OFFER THE FOLLOWING SERVICES

Tutoring and Academic Success Center
- Peer & Online Tutoring
- One-on-One & Group Tutoring
- Faculty Led Tutoring
- Supplemental Instruction
- Self & Group Study Rooms

Student Outreach
- Academic & General Advising
- Peer Mentoring
- Coordination with Career Services
- Academic Engagement
- Parent Newsletter
- Collaboration with TRIO Programs

FIRST YEAR EXPERIENCE
- Freshman Advising
- Service Learning
- Freshman Seminar
- General Education

Retention Advising to Stay on Track
- Academic Petitions
- Student Success Seminars
- Student Support Referrals
- Student Login Access

Contact Information
Dr. Tarsha Rogers, Chair
H.L. Trice Building, Suite 112
1704 Wesleyville Road
Elizabeth City, NC 27909
P: 252.335.3237 | F: 252.335.3001
premstarta@ecsu.edu

Hours of Operation
Dept. of University Studies
Monday-Friday 8 AM - 5 PM
Tutorial Center
Monday-Thursday 9 AM - 8 PM
Friday 9 AM - 4 PM
4 Indicators of Academic Excellence

- **Engagement and Sense of Belonging**
  - Getting involved on campus; connect
  - Clubs and organizations
  - Leadership

- **Health and Wellness**
  - Develop safe and healthy habits
  - Know your limits—get sleep, rest, and manage time properly.

- **Academic Success**
  - Successfully navigating towards graduation
  - Intellectual, emotional, social, and ethical development

- **Financial Literacy**
  - Managing one’s own finances (away from home)
  - Knowing financial aid status, needs, adhering to deadlines
Transitioning from High School

- What is the difference between high school and college?
- What expectations do you have for college? From staff and faculty? From yourself?
- Do you feel that you are prepared for college now?
Transitioning from High School

- Embrace The Unexpected!
- Develop Their Own Life And Career Goals!
- Embrace a Different Perspective!
- Listen, Be Proactive, Get Involved
- Seek Resources, Support, and Mentorship!
- Utilize Critical Thinking and a Solution-Oriented Approach!
Embrace the Transition!
The transition may present challenges for students and parents.
Anxiety is common. Manage it.
Critical thinking strategies become even more important.
Adjusting to new surroundings.
Be confident and aim to make the best decisions when faced with challenges.
Be empowered for independence and self-sufficiency which lead to academic and personal excellence.
1st Year Freshmen are faced with peer pressure and several opportunities to make important decisions. They can avoid some mistakes, but also learn from them if they mess up.
Campus Resources

✓ University Studies
  ▪ First-Year Advisors/Referrals
  ▪ Tutoring
  ▪ Student Success Workshops

✓ Student Affairs
  ▪ PACE Center
  ▪ Health Services
  ▪ Housing and Residence Life
  ▪ Counselling and Disability Services Center
  ▪ Student Engagement

✓ Title IX Office
✓ Campus Police
Welcome to University Studies

Viking First Year Experience

❖ **First-Year Advising**
  ❖ Freshman Seminar instructors serve as First-Year advisors.
  ❖ This gives students more interaction with an advisor.

❖ **Fall Convocation/Freshman Pinning Ceremony**
  ❖ **Aug. 16th, 2:00 p.m.**
  ❖ Held during early fall semester
  ❖ Professional Dress
  ❖ Freshmen “officially” become Vikings!
  ❖ Solemn occasion, very special for freshmen.
Welcome to University Studies

Viking First Year Experience

❖ Freshman Seminar
  ❖ Freshman Seminar I - orientation to campus resources, assists with your transition from high school to college.
  ❖ Freshman Seminar II - orientation to habits of success in college and beyond, career and academic success focus.

❖ Service Learning
  ❖ These experiences will afford life-enhancing opportunities to gain foundational knowledge and critical thinking skills while meeting the needs of the campus and local community.
  ❖ Major component of Freshman Seminar courses.
General Education

✓ Yes, it is important!
✓ Why do we have to take math, English, World Civ. classes?
General Education

• Core Curriculum consists of **35 Credit Hours**
• Students should take a **minimum of 15 credits per semester** in order to successfully graduate in four years.
• Includes First-Year Seminars, Writing and Composition, Humanities and Fine Arts, Mathematics, Natural Science, Social and Behavioral Science, and Health and Physical Education requirements.
• Requires regular **attendance** in GE courses and use of an Early Alert System (E4U) to monitor student progress and attendance.
• Encourages the **skills needed for students to become competitive** in a global society.
• ECSU’s Homepage
  https://www.ecsu.edu/

• Select Inside ECSU from the top banner

• Scroll down to Students (Current and Prospective)

• Select University Catalogs

• Select Undergraduate Catalog 2020-2021 (PDF)
  • Plans begin on page 99
UNIVERSITY CATALOGS

At Elizabeth City State University, students are our first priority. Through the many degree programs offered, our goal is to ensure academic excellence for each student by providing meaningful educational experiences and quality instruction in a personalized nurturing environment. It is our vision that upon graduating every ECSU student will have the skills to compete in a global and technologically advanced society, and understand the impact of ever-changing world events and how to adapt to them, and an appreciation for lifelong learning.

Undergraduate Catalog
ECSU Undergraduate Catalog 2020-2021 (Electronic version)
ECSU Undergraduate Catalog 2020-2021 (PDF version)

Campus life, designed for both our resident and commuter students, is also a top priority at Elizabeth City State University. We empower students to take part in a wide variety of social and cultural activities that provide opportunities for enrichment, creativity, and accomplishments. Furthermore, we strive to offer our students a comfortable and safe environment conducive to personal development and academic achievement. Located in the historic Albemarle region of northeastern North Carolina, we are only an hour from the beaches of the Outer Banks of North Carolina and Virginia Beach, Virginia, where students may find countless opportunities to broaden their cultural and social experiences.

Graduate Catalog
ECSU Graduate Catalog 2020-2021 (Electronic version)
ECSU Graduate Catalog 2020-2021 (PDF version)

Graduate education is characterized by small classes, personal interaction with faculty members, and a pleasant atmosphere conducive to the pursuit of individual personal and educational goals. Elizabeth City State University promotes and supports the research and creative activities of our graduate faculty, and assures that our students receive state-of-the-art information and training. Located in the historic Albemarle region of northeastern North Carolina, we are only an hour from the beaches of the Outer Banks of North Carolina and Virginia Beach, Virginia, where our graduate
Policy Manual

- ECSU’s Homepage [https://www.ecsu.edu/](https://www.ecsu.edu/)
- Select Policy Manual (bottom of the page)
- Academic Policies (section 300)
  - Academic Advisement Policy
  - FERPA
  - Attendance
  - Grading, Evaluation and Academic Progress Policy
  - Graduation
  - Class Cancellation and Make-up Policy
Policy Manual
Academic Policies
To graduate, students must have a 2.0 overall GPA and a 2.0 GPA in your major courses. In addition, they must have earned a grade of at least "C" on the two freshmen English composition classes.

Also, some degrees require a minimum grade of "C" in all courses in the student's major. You should check the curriculum guide in the catalog to see minimum grade requirements for major courses.
Undergraduate students’ academic standing is based on the cumulative grade point average (CGPA) and Successful Completion Rate (earned hours divided by attempted hours).

In order to be in Good Academic Standing students must:
1. Have a cumulative GPA of at least 2.0; and
2. Earn a minimum of 67% of the cumulative credit hours they have attempted.

- All prior coursework, attempted and earned, is reviewed in the determination of Academic Standing.
- The Office of the Registrar will measure a student’s academic performance at the end of each academic term.
- Students who fail to meet the cumulative GPA requirement of 2.0 and/or 67% cumulative completion rate will be placed on academic sanctions.
- Academic sanctions include academic warning, academic probation and academic suspension.
Dr. Tarsha Rogers
Chair, Department of University Studies
Phone: 252-335-3327
Email: tmrogers@ecsu.edu
Presentation Title

STUDENT ACCESSIBILITY
The Office of Student Accessibility & Testing Services coordinates academic and extra-curricular accommodations for students with disabilities in accordance with Section 504 of the Rehabilitation Act of 1973 and American with Disabilities Act of 1990 (ADA) and ADA Amended Acts of 2008.
• The Office of Student Accessibility Services offers accommodations to students who have documented disabilities and to students who have physical and/or psychological challenges that may impact their ability to navigate the campus environment.

• It is strongly recommended that students meet with the Director of Student Accessibility Services on or before the first week of classes each semester.
Request for Services Steps

• STEP 1: Official Acceptance to ECSU
• STEP 2: Submit Request for Services https://www.ecsu.edu/current-students/student-affairs/student-accessibility-and-testing-services/formsanddocuments.html
• STEP 3: Student will electronically receive, complete, sign, and return:
  • Required forms and documentation to ada504-coordinator@ecsu.edu
• STEP 4: Student will meet with Coordinator
• STEP 5: Approved Accommodation Notification plan electronically and/or email sent to student and Professor
• STEP 6: Electronic forms kept for confidential filing
DOCUMENTATION

Documentation must include medical or psychological information from a certified professional. A clear diagnosis must be on file in the office of Student Accessibility Services. The diagnosis must:

• Consist of evaluation/assessment data and
• Have been made by an appropriate, qualified professional and
• Be current (no more than 3 years old)
• Indicate the nature of the disability
• Provide recommendations for accommodation
• SUPPORT SERVICES
  • Disability Related Counseling
  • Accommodation Notification Letter to Instructors
  • Academic Assistance

• ACCOMODATIONS
  • Extended time on tests
  • Special Seating
  • Quiet Low Distraction Setting
  • Enlarged Print
  • Assistive Technology
Let the Journey Begin ….

Felecia Dawson Brown, MA
CW Griffin; Office 119
252-335-3642
ada-504coordinator@ecsu.edu
Felecia Dawson Brown, MA
Director, PACE Center
PACE ...

Prevention, Awareness, and Cultural Education.

It is supported by a collaborative team of on- and off-campus partners.
Located in Ridley Student Center, 202A

• Host for Programs
• Safe Space
• Study Room
• Chill Area
Provide programming education, and awareness in Diversity, Equity & Inclusion

Trainings

• New and Transfer students
• Residence Assistants
• Athletes
• ECSU Police Department
• Judicial Board
Diversity & Inclusion

• The PACE Center works to promote awareness, education, and experiences of various cultural factors that students may encounter on campus that will empower them to challenge and change negative cultural norms in society.
• Safe Zone Training
• True Colors Student Organization
• Collaborate with Housing and Residence Life for the LGBT themed living and learning community
Spirituality & Dialogue

The PACE Center will provide a spirituality and dialogue component that addresses the holistic well-being of students by connecting them with campus and community partners that resonate with their individual spiritual needs.
LIGHT IT UP BLUE
Autism Awareness

Learn about Autism, take and post a pic pledging your support to a kinder more inclusive campus.

APRIL 22, 2021 - 11-1 p.m.
PACE Center.

PRIDE MONTH

Thursday
6/10/2021
11:00 AM - 12:00 PM
Meeting ID: 969 648 8068

ECSU
Elizabeth City State University
FONDED 1891

SAY THEIR NAMES

GEORGE FLOYD, BREONNA
RAYLOR, AHMAD ARBERY,
GOTHAM JEAN, TAMIR RICE,
TRAYVIN MARTIN, ERIC
GARNER, PHILANDO
CASTILE, SANDRA BLANK,
JORDAN DAVIS, JONATHAN
FERRELL, DAUNTE WRIGHT.
Contact:
Ms. Felecia Dawson Brown, MA
pace_center@ecsu.edu
Follow us on:

@pace_center

@ECSU_PACE

Located: Ridley Student Center
202A
*The Housing Application fee has been waived for Fall 2021*

Step 1 – Complete the application

https://www.ecsu.edu/current-students/student-affairs/residence-life/resident_information.html

*New Freshmen will receive an email notifying them of their assignment. Assignment emails will be sent to the ECSU email address*
Bias Hall
• Double Occupancy Rooms
• Co-Ed Traditional Style Residence Hall
• Capacity 103
• Living & Learning Communities
University Suites: Seniors & Juniors
This state of the art modern residence hall was opened during the Fall Semester 2004. This housing complex is a three-story building with suite style rooms that include single and double bedrooms, housing 196 male and female upperclassmen.


Occupancy: Co-Ed; Capacity: 196; Room Type: Double; Room Dimension Single: 10 X 17'6"/Double: 24'3" X 17'3"
• **University Towers: New Freshmen**

• Erected in 1993, University Towers is a four-story housing 200 students.

• **Amenities**: Air Conditioning, Handicapped Accessible, Internet Hook-Up Key Card Access, Laundry Facility, Mail Box, and Telephone Access.

• **Occupancy**: Co-Ed; **Capacity**: 200; **Room Type**: Double; **Room Dimension**: 116' x 11'
# 2021-2022 Residence Halls

## Fall 2021 - Spring 2022 Residence Hall Rates

<table>
<thead>
<tr>
<th>Residence Hall</th>
<th>Arrangement</th>
<th>Dimensions</th>
<th>Size</th>
<th>Cost per Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bias Hall</td>
<td>Co-ed</td>
<td>18'4&quot; x 12'</td>
<td>Double</td>
<td>$3,082.00</td>
</tr>
<tr>
<td>University Towers</td>
<td>Co-ed</td>
<td>11'6&quot; x 11'</td>
<td>Double</td>
<td>$2,518.00</td>
</tr>
<tr>
<td>University Suites</td>
<td>Co-ed</td>
<td>Double: 24'3&quot; x 17'3&quot;</td>
<td>Single</td>
<td>$3,758.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Single: 10' x 17'6&quot;</td>
<td>Double</td>
<td>$3,082.00</td>
</tr>
<tr>
<td>Viking Tower</td>
<td>Co-ed</td>
<td>Varies</td>
<td>Single</td>
<td>$3,777.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Double</td>
<td>$3,097.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Triple</td>
<td>$3,097.00</td>
</tr>
<tr>
<td>Viking Village</td>
<td>Co-ed</td>
<td>Varies</td>
<td>One</td>
<td>$3,700.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Two</td>
<td>$3,435.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Four</td>
<td>$4,074.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Five</td>
<td>$4,074.00</td>
</tr>
</tbody>
</table>
Amenities

• Washers and dryers in each residence hall
• 24 Hour Coverage
• Live-in Community Directors & Graduate Assistants
• SpectrumU Streaming Service-connect via Chromecast, laptop, smart phone or any device compatible with Spectrum U
• WI-FI
• Air Conditioning
• Computer Labs
• Bias Hall, University Suites, University Towers and Viking Tower rooms are equipped with regular twin sized beds, desk, and chairs

*Students can bring their own microwave (1000 watts or less) & small refrigerator (up to 5 cubic feet)*
Frequently Asked Questions

What size are the beds?
• Bias Hall, University Suites, Viking Tower, University Tower - regular twin (not XL twin)
• Viking Village – double (full) beds in most rooms

Do all freshmen have to live on campus?
• No, currently we do not have an on-campus requirement.

Do I have to have a meal plan?
• Yes, all boarding students are required to have a meal plan.
• New First Time Freshmen are required to have the 19-meal plan.
• All other students may select from a 10, 15, 19 meal plans or a 120 or 160 block meal plan.
Does Housing supply microwaves and refrigerators?

• No, Housing does not provide microwaves or refrigerators. Students may supply their own microwave (1000 watts or less) and refrigerator (up to 5 cubic feet).
• Appliances such as convection ovens and hot plates are prohibited.

Are residence halls co-ed?

• Yes, all residence halls are co-ed.
Frequently Asked Questions

Will I have a roommate?
• If assigned to a double room, you may be assigned a roommate at any time during the semester.

What type of security is provided in the residence halls?
• Residence halls are staffed 24 hours day. Our staff consists of:
  • Community Directors
  • Resident Assistants’
  • Residential Security Officers
HRL Staff

Director of Housing & Residence Life

Administrative Support Associate

Community Directors

*University Suites
  *Viking Village

*Viking Tower

*University Towers
Contact Information

Housing & Residence Life
Suite 400, CW Griffin Building
252-335-3761
srwiliams3@ecsu.edu, jmbond@ecsu.edu,
or cmjones@ecsu.edu
Auxiliary Services

New and Transfer Student Orientation
The mission of Auxiliary Services is to provide high quality administrative and educational support services to the Elizabeth City State University as well as the community. Auxiliary Services supports the university’s mission, positively impacting the quality of campus life through professionalism and excellence.
Auxiliary Services Operations

• Campus Store and Book Rental
• Dining Services
• Ticket Office
• Post Office
• Vending Services
• Viking One Card
• Venue Reservations
ECSU Campus Store

- Students’ one stop shop for everything from Viking Gear to laundry soap, we’ve got it!
- Financial Aid charging accepted.
  - Beginning of each term, see email announcements for details
- See website & social media for sale alerts & new merchandise.

ECSUShop.com
• Through the Follett All Access program, students may rent all required textbooks and receive required course material (i.e., lab manuals and access codes) each semester.

• Get ALL your textbooks required for class in ONE low price!
  • Fall/Spring Cost -$360.00 per semester

• Book Rental charges are added automatically for all Full Time Undergraduate students during the Fall and Spring semesters; Part Time students can request this service through Self Service Banner.

• Once a student is financial cleared; they are notified via ECSU email when their books are ready for pick up. Students must show their ECSU ID to receive textbooks.
ECSU Book Rental Continued……

• Rented textbooks are due back by the specified Due Date.
  • Date is after exams, at close of the term
  • Reminders are emailed to all students, as well as printed on all receipts
• Late returns are not accepted, students are charged for all non-returned textbooks.

Don’t get charged! Turn your books in!
The Dr. Clifford L. Jones, Sr. Post Office is located in the Viking Services Center (formerly known as Ridley University Center). The Post Office is the distribution hub for all incoming and outgoing mail, as well as inter-campus mail. As an official USPS unit, we offer many of the services you’ve come to expect from USPS such as Express Mail, Priority Mail, Registered Mail, Certified Mail, and Insured Mail.

The Post Office and lobby hours are 8 a.m.-5 p.m. Monday-Friday. The Post Office is open some Saturdays and closed on Sunday. Any other adjustments in Post Office hours will be communicated to campus via email.
Service Offered at ECSU Post Office

• Your go-to resource for shipping
• Students, faculty, staff and the general public may purchase stamps, money orders and envelopes
• Distributing U.S. mail and processing outgoing business mail
• You can also get your official university I.D. card made in the Post Office (students, faculty & staff)
• Additional services provided are faxing, shredding and printing services.
• ATM located just outside of the Campus Post Office
New Mail Center Fee

Starting Fall 2021, the new Mail Center Fee will be optional and only be charged to students who sign up for a mailbox each semester. The Mail Center Fee will be $12.50 each semester. This fee will be billed to your student account.

Students MUST sign up and have a mailbox in order to receive any mail and packages. To receive a mailbox and key, you must first complete the Mailbox Rental & Key Request Form. Once you have been assigned a mailbox you will receive an email with your assigned mailbox number and instruction for picking up your assigned mailbox key. You must present your Viking ID Card to receive your key.

The Post Office will receive and distribute student mail and packages from UPS, FedEx, DHL and other deliveries for all student who have a mailbox. Packages will not be accepted unless the student has an assigned mailbox.
Vending Services

• ECSU operates a variety of vending services on campus including snack and soft drinks.

• Vending machines are conveniently located throughout campus.

Our Vision for the Future

• Upgrades to equipment.
• Multiple payment methods for vending.
• Research and address the consumer demands (i.e. healthier products)
The Viking One Card is the official identification card (ID) for Elizabeth City State University. The Viking One Card uses innovative technology to provide easy and convenient access to Elizabeth City State University (ECSU) resources.

Your Viking One Card is not only used for identification purposes, but it also provides access to essential university services, including admission to athletic events, meal plans, libraries, and secure entry to campus buildings such as; residence halls, offices, and recreational facilities.
New One Card Access Misc. Service Fee

Starting Fall 2021, the Viking Card Access Misc. Service Fee will be billed to all full-time and part-time students except for Distance Learning students.

The fee will be $10.00 per semester.

The fee will cover the maintenance of the Viking One Card equipment, annual fee and on-going card services operations.
Students will need to submit a **ID card replacement form** to replace lost or stolen ID cards.

Replacement fees associated with loss or damaged card
- Loss card - $20.00
- Damaged card - $10.00

Students can pay for replacement ID in the following locations:
- ID Card Office (cash or Viking One Card)
- Cashier’s Station in the Administration building (cash or credit card)
- ECSU Campus Store (cash, credit or Viking One Card).
Student can access and manage their Viking One Card through the Viking Center Web Portal.

Viking Center Portal offers the following:
• Deactivate/Reactivate your lost ID card
• Check your Meal/Block plan status
• Check your Viking Bucks fund balance
• E-CA$H Deposit (Prepaid Dollars)
• Parental/Guest E-CA$H Deposit (Prepaid Dollars)

Use E-CA$H for purchases in the Campus Store, Post Office, Dining locations and Event Campus
Choose Less Stress

**ONLY THE BEST**
Chef-inspired, on-trend menus featuring fresh, quality ingredients

**TOOLS TO THRIVE**
Well-balanced, transparent menus to navigate healthy options with ease

**ALL FOR YOU**
Perfectly personalized to fit your life
Student Favorites

Campus Dining Locations
More to Explore

SPECIAL EVENTS
Student-focused events that bring the campus community together
Eat Well

HEALTH BAKED IN

FOOD THAT FITS YOUR LIFE

ACCESS AT YOUR FINGERTIPS

SPECIAL DIETARY NEEDS
Reach out to meet with our General Manager and Executive Chef to review your options.
Elizabethcitystate.campusdish.com/contactus
Dining Safety

SAFE ENVIRONMENTS

EMPLOYEE TRAINING

PRODUCT SAFETY
College Care Packages

• Gifts for every occasion delivered to your student
• Healthy and traditional snacks, with special dietary need options
• Personalize with a gift message
• Large and small options to fit every budget

Available at ordermunchmail.com or 833-63-MUNCH
Student Employment

MAKE US YOUR SIDE HUSTLE
Gain valuable skills, build your resume, and earn extra cash while at school.

Viking Dining is hiring Student Workers for flexible gigs in Food Service, Catering, Meal Plan Marketing and more!

1. TEXT
“SIDEHUSTLE” to 63000

2. ENTER SCHOOL ZIP

3. APPLY

4. EARN

www.aramarkearlycareers.com
Meal Plans

Know Your Perks

MEAL SWIPES
All you care to eat at Bedell Dining Hall

VIKING BUCKS
Use at all dining locations

MEAL EXCHANGE
Predetermined combo meal options that can be exchanged at Tenders, Love & Chicken and Greens To Go.
<table>
<thead>
<tr>
<th>MEAL PLAN</th>
<th>MEAL SWIPES OR MEAL EXCHANGE</th>
<th>VIKING BUCKS</th>
<th>PRICE PER SEMESTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekly 19</td>
<td>19 per week</td>
<td>$75</td>
<td>$1,713</td>
</tr>
<tr>
<td>Weekly 15</td>
<td>15 per week</td>
<td>$75</td>
<td>$1,498</td>
</tr>
<tr>
<td>Weekly 10</td>
<td>10 per week</td>
<td>$75</td>
<td>$1,284</td>
</tr>
<tr>
<td>Block 160</td>
<td>160 meals per semester</td>
<td>$75</td>
<td>$1,600</td>
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<tr>
<td>Block 120</td>
<td>120 meals per semester</td>
<td>$75</td>
<td>$1,300</td>
</tr>
<tr>
<td>MEAL PLAN</td>
<td>MEAL SWIPES OR MEAL EXCHANGE</td>
<td>VIKING BUCKS</td>
<td>PRICE PER SEMESTER</td>
</tr>
<tr>
<td>-------------</td>
<td>--------------------------------</td>
<td>--------------</td>
<td>--------------------</td>
</tr>
<tr>
<td>Commuter 100</td>
<td>100 meals per semester</td>
<td>$75</td>
<td>$725</td>
</tr>
<tr>
<td>Commuter 75</td>
<td>75 meals per semester</td>
<td>$75</td>
<td>$605</td>
</tr>
<tr>
<td>Commuter 50</td>
<td>50 meals per semester</td>
<td>$75</td>
<td>$484</td>
</tr>
<tr>
<td>Commuter 25</td>
<td>25 meals per semester</td>
<td>$75</td>
<td>$303</td>
</tr>
</tbody>
</table>
Important Dates

**AUG 15**
MEAL PLANS BEGIN
For Fall semester

**AUG 17**
FIRST DAY OF CLASSES
Fall semester

**AUG 20**
LAST DAY TO CHANGE
For Fall semester

How to Sign Up
ONLINE
Elizabethcitystate.campusdish.com

VISIT THE AUXILIARY OFFICE

LEARN MORE Elizabethcitystate.campusdish.com
Questions?

Contact our General Manager
Perkins-satoria@aramark.com

@Viking_Dining
• Full-Service Police Department comprised of police officers and security officers. 31 employees – Police, Security, Telecommunicators, and Emergency Management.

• We operate 24/7, patrolling the campus, academic buildings and within the residence halls.

• Our police officers have over 290 years of combined law enforcement experience.

• Our security officers have over 89 years of combined security experience.

• YOUR SAFETY AND SECURITY ARE OUR #1 PRIORITY!!!!
• ALSO, WE ARE HERE TO HELP FACILITATE YOUR EDUCATIONAL PROCESS “BUT” WITHIN SAFE PERIMETERS. WE KNOW THAT SOCIAL LIFE IS IMPORTANT NOT JUST ACADEMICS!!

• Dry Campus - zero tolerance for Alcohol. As well as Narcotics and Weapons violations.

• Sexual Offenses and crimes of violence (Assaults, Domestic Violence, Stalking) are thoroughly investigated and a support/resource system is in place. Title IX, Counseling Services, Albemarle Hopeline.

• We have a strong partnership with ECPD and PCSO.
University Police

• We engage students positively daily – encouraging and supporting them.
• Student parking – All must obtain a parking permit. Cost is $75 annually. For students enrolling in the spring semester, the cost is $37.50.
• Parking Registration begins on July 13, 2021.
• Register vehicle and pay for parking permit online through ECSU parking portal located on website at ECSU Parking Services.
• You must pick-up your permits from University Police during regular business hours.
• Parking permits for Viking Village students are on a first-come first-serve basis. Overflow parking is available in the lot behind Griffin Hall.
University Police
Federal Law Requirements

• Required by Federal Law to post our Crime Statistics for the previous 3 years.
• Daily Crime Log is required which list crimes daily for the past 60 days.
• You can view our Annual Security Report (ASR) on our website.....we are a relatively safe campus.
• Also required to provide **Timely Warnings** and **Emergency Notifications** to the campus community in event of an **on-going threat or threat** to the campus. Example: Active Shooter, Weather Event or some other emergency.
• Please register your cell phone number in blackboard to receive these alerts.
• Again, **YOUR SAFETY AND SECURITY ARE OUR #1 PRIORITY!!!!**
• Escort Services are available for students by calling University Police.
• We encourage students to walk in pairs and remain vigilant of their surroundings.
• Emergency call boxes (30) are located throughout the campus.
• We have about 200 cameras in strategic locations on campus. Monitored at University Police and can be viewed from patrol vehicle.
• Encourage students to report any suspicious activity to us immediately, 252-335-3266 non-emergency or emergency dial 911.
• Please enjoy your experience here and contact us at anytime. We are service oriented and here to assist you at all times!!!
Contact Information

• University Police 252-335-3266 non-emergency or emergency dial 911

• Chief John Manley 252-904-5951 cell. Email: jhmanley@ecsu.edu

• Captain Sharieka Clifton 252-452-7582 cell. Email: scclifton@ecsu.edu

• Are there any questions?
Student Health Services

Dr. Crystal Keyes,
Director
Medical Staff

Student Health Services staff

• Director
• Board certified Physician
• Registered Nurse
• LPN
• Office Manager/Billing Specialist
• Administrative Assistant
Services Offered

Did You Know?

- Student Health Services is a full functioning clinic for ECSU students!
  - Staff: Director, Doctor, RN, LPN
  - Billing Officer, Front Desk Receptionist

- Clinic Hours: M-F 9am - 5pm

- Well / Sick visits
- Strep/ Flu/ COVID Tests
- Men’s wellness screening tests
- Physicals
- Pap exams
- STI Tests
- Minor wound care
- Urinary tract infections

Schedule your appointment today!
Location: Griffin Hall
Telephone: 252-335-3267

- Telehealth services offered in the Fall 2021
- Available 24/7 to all students
Programs Offered

Peer Wellness Ambassadors

Mission Statement

The Mission of the Peer Wellness Ambassador program is to promote holistic health in the ECSU campus community, as students engage with their peers to create balance and gain the necessary knowledge, skills, and resources to enhance holistic health outcomes.

- Nutrition Education
- STI Education
- COVID-19 Education
- Physical Health (collaborate with Campus Rec & Wellness)
- Mental Health (collaborate with Counseling Services)

*Opportunities for Work-Study and Internships available*
Student Health Requirements

All students taking more than six credit hours on campus must provide the following

Medical History Forms
✓ Deadline for forms FALL – July 15
✓ Deadline for forms SPRING – December 4

Immunizations Records
• All students must submit documentation of 3 DTP (Diphtheria, Tetanus, Pertussis); Td or Tdap (booster); and 2MMR (measles, mumps, and rubella).
• It is recommended that students provide proof of COVID-19 vaccinations in order to opt out of re-entry testing and surveillance testing.
Medical Form submission

- Student Health Services office (Griffin Hall)
- Campus Fair
- Mailed: ECSU Student Health Services, Campus Box 885, Elizabeth City, North Carolina, 27909
- Fax: 252-335-3269
- Email: shs@ecsu.edu
All eligible students MUST enroll or waive coverage during the open enrollment period.

- All students enrolled in 6 credit hours or more who do not waive the health insurance fee, will be automatically covered under a health insurance policy provided by the university and your student account will be charged accordingly.

- To enroll or waive, please visit http://www.bcbsnc.com/student

Contact ECSU Student Accounts for additional questions.
Student Health Services

Clinic Hours
Monday – Friday 9:00 a.m. – 5:00 p.m.
(252) 335-3267

Griffin Hall Building, Suite 300
Campus Box 885
Elizabeth City State University
1704 Weeksville Rd
Elizabeth City, NC 27909
shs@ecsu.edu
Student Counseling Services
and
Collegiate Recovery Community

Jody Grandy, MA, LCMHC, Director
(252) 335-3275
What is Counseling

• Counseling is a confidential discussion between a counselor and client (student) about personal, social, psychological and/or emotional concerns that have caused distress

• Counseling can help the client to identify and change behaviors or ways of thinking that have not worked well previously.

• Counseling aids in decision making and identifying positive coping strategies.
Reasons to visit:
• Academic/Learning concerns
• Social and performance anxiety (test anxiety)
• Anxiety/depression
• Adjustment to college, homesickness
• Grief and loss
• Relationship concerns
• LGBTQA
• Substance use/abuse
• Other personal concerns
Reasons to visit:
Signs of Students in Distress
• Significant change in behaviors, personality, attitude, and mood (e.g. anxiety, panic, depression)
• Not sleeping or too much sleep
• Not eating, overeating, or hiding when eating
• Use of drugs and alcohol
• Frequent talk of giving up and tired of living
• Prolonged Sadness, Apathy, tearfulness
• Aggressive or irritable behavior
• Bizarre behavior or speech
Who We Are...

- Licensed Mental Health Professionals (LCMHC, LCSW, LCAS, etc.)
- Adhere strictly to rules of confidentiality
- Division of Student Affairs No additional fees for services (FREE)
Services Provided:
• Individual Counseling
• Group Counseling
• Comprehensive Clinical Assessments
• Evaluations
• Referrals (e.g., psychiatric services, long term mental health therapy, )
• Crisis Intervention
• Consultation
• Collegiate Recovery Community Services Alcohol and Other Drugs (AOD)
• Student Trainings and Graduate Internships
Confidential Services

• Information shared in counseling is strictly confidential and is protected by state and federal laws. Information will not be discussed with anyone outside of the Counseling Center without written permission (signed release) from the student.
  • *Students under 18 yrs. old must have written permission from a parent or guardian to engage in counseling*

• Counselors are required to disclose information deemed as emergent (e.g. suicidal attempt) to protect the student or someone else from imminent danger.
Contact Information:

Student Counseling Services
Jody Grandy, MA, LCMHC
Suite 302 Griffin Hall
Phone: 252.335.3275
Fax: 252.335.3728
Monday-Friday 8:30-5:00

For Appointments:
Contact Student Health Front Desk 252.335.3267
The Career Development Center is a comprehensive Career Counseling and resource center that equips Elizabeth City State University students and graduates with the tools and resources to successfully explore, develop and manage their career path for a lifetime. These services are offered in an ethical and professional manner.

The purpose of the Career Development Center is to provide services and resources which assist students with their career planning and search for internships/employment, as well as offering ECSU graduates with graduate school preparation.

The role of the Career Development Center is not to act as an employment agency, but rather to provide the tools and resources to best equip students and graduates to successfully navigate and manage his/her career, and to develop skills needed that meet the global job market demands.
Internal Services

• Resume & Cover Letter Preparation
  • Formatting, Proper structure,

• Career Counseling
  • Exploring Careers Based on Majors
  • Assessing Majors Based on Interest
  • Promoting Internship & Employment Opportunities on & off campus
  • Providing recruitment opportunities on & off campus (career fairs, educational travel for career and leadership training, on-campus recruitments)

• Job Interview Prep
  • Career Spots
  • One-on-one sessions
  • Mock interviews

• Professional Development Workshops
  • Networking
  • Dining Etiquette
  • Professional Dress
Leadership Development

Programs all students should explore:
Professional Development Workshops
Career Conversations
Contact Information

• Yoland S. Carana
• Interim Director, Career Development Center
• Griffin Hall, Suite 500
• Email: yscarcana@ecsu.edu
• Telephone: 252.335.3318
Student Government Association

2021-2022
The Chambers Administration
We are a group of undergraduate students who officially represent the student voice and the student body to the Elizabeth City State University (ECSU) administration. We work directly with administrators to influence and change campus policy. We serve as the official governing body of ECSU students.

To quickly assess how students view an issue, administrators often look first to the SGA, and because of this, SGA members often have a seat at the decision making table that other groups may not receive. We are your representatives.
Student Government Association

2021-2022 EXECUTIVE CABINET

• JIMMY CHAMBERS – SGA President
• SHA'NYAH MOORE - Vice President of Internal Affairs
• PAIGE WILLIAMS - Vice President of External Affairs
  • SYDNEE PLATER - Vice President of Finance
• ANGEL OXENDINE – Attorney General
• JAYLYN GRIER - Responding Secretary
• JAY'QUAHN BLACKLEDGE - Corresponding Secretary
THE STUDENT SENATE

• The legislative branch is made up of the Senate, which is comprised of 12 Senators, Speaker of the House (Vice President of Internal Affairs), and Speaker Pro Temp. The 12 senators represent the student body at ECSU by class year.

• The Speaker of the House is responsible for leading the Senate. This position is filled by the Vice President of Internal Affairs. The Speaker then appoints the Speaker Pro Temp and Chairs for Senate Committee.

• Senators are appointed to a standing committee that is responsible for representing the student body concerns as requested or deemed necessary by Student Government Association President. Students should contact their Senators with any concerns or suggestions they may have. Any student interested in affecting change on campus should consider running for Senate.
FRESHMEN CLASS ELECTION DATES
August 23 & 24, 2021 – Information Meeting
August 27, 2021 – Application Due
August 30 – September 3, 2021 – Election Week
September 3, 2021 – Announce Winners
Campus Activities Board

Current President: Quentin Williams
The Campus Activities Board provides fun and creative social, multicultural, recreational and educational activities that promote student involvement on and off campus.
Requirements

1. Maintain a cumulative GPA of 2.5 (Executive Committee), 2.3 (General Members)
2. Make a one–year commitments to Campus Activities Board (Fall & Spring Semesters)
3. Actively promote and support student academic and co-curricular success
4. Plan & execute diverse quality programming
5. Foster collaboration across campus
6. Establish & maintain healthy relationships
7. Communicate effectively (oral & written)
8. The desire to grow professionally and personally
Available E-Board Positions (after current term ends)

- Vice President
- Secretary
- Marketing and Design Chair
- Spirit and Traditions Chair
- Late Night and Weekend Chair
  - General Members (Assigned to a Committee)

Unavailable to New CAB Members

- President (Must have served at least one year on CAB E-Board to apply)
Events

Special Events
- Welcome Week
- Homecoming Week
- Winter Homecoming
- Viking Fest

Main Event
- Silent headphone party
- Midnight Cafe
- Movie night(s)
- Game Night(s)
- Poetry Night
- Pool party(s)
- 3:30 Breaks
- Watch Party (CIAA Tournament)
- Spades Tournament
- Super Bowl Party
- Student Body Pregame
Join CAB!

1. Go to @ECSUCAB on Instagram
2. Click the linktree in the bio to apply to be a general member of Campus Activities Board

-OR-

1. Go to Vikings Engage
2. Click Search
3. Click "Groups"
4. Type in Campus Activities Board
5. Go to "files"
6. Apply to be a general member of Campus Activities Board

Questions
The Royal Court

Diamond E. Rawlinson, *Miss Elizabeth City State University Elect 2021-2022*
Brittney D. Lamb, *Advisor*
The Royal Court

- The **Royal Court** is a group of elected student leaders who serve as ambassadors for Elizabeth City State University (ECSU) and their respective classes.

- Each member serves as a role model representing academic excellence and student leadership while exhibiting intelligence, talent, poise, etiquette, and humility.

- The Royal Court can be found around campus and in the community at sporting events, service engagements, and even regional and national pageants!
Members of the Royal Court at the annual Homecoming parade.

Mister and Miss Elizabeth City State University 2018-2019 at the CIAA Tournament.
Who’s Who?

- Miss Elizabeth City State University – Diamond Rawlinson
- Mister Elizabeth City State University – Joshua Cox
- Mister Senior – Derryk Sellers
- Miss Senior – Renada White
- Mister Junior – Maxwell Mensah
- Miss Junior – Jada Jones
- Mister Sophomore – Jay'Shaun Blackledge
- Miss Sophomore – Aunesti Rosser
- Mister Freshman – VACANT
- Miss Freshman - VACANT
Mister and Miss Freshman

• Mister and Miss Freshman serve as the representatives of the Freshman class on the Royal Court.

• Roles and responsibilities:
  • Serve as active members of the Freshman Class Cabinet (SGA)
  • Attend all required events for the Royal Court
    • Community service projects
    • Sporting events
    • Other public appearances such as Coronation
  • Implement enriching programs for the Freshman class under the guidance of the Royal Court advisor.
Selection Process

1. Complete the SGA application (Aug. 2021)
2. Participate in all required SGA campaigning events including debates and mixers.
3. Network with other Freshmen
4. Vote on Election Day
5. (If elected)...serve the Freshman class well and enjoy the experience!

*If you are elected to serve as Mister or Miss Freshman, you will be required to pay a $200 fee upon receiving the position. This will help cover the expenses of your reign.
Thank you!
Fraternity & Sorority Life
Fraternity & Sorority Life

National Pan-Hellenic Council (NPHC) SORORITIES
Alpha Kappa Alpha Sorority Inc.
Delta Sigma Theta Sorority Inc.
Zeta Phi Beta Sorority Inc.
Sigma Gamma Rho Sorority Inc.

National Pan-Hellenic Council (NPHC) Fraternities
Kappa Alpha Psi Fraternity Inc.
Phi Beta Sigma Fraternity Inc.
Alpha Phi Alpha Fraternity Inc.
Omega Psi Phi Fraternity Inc.
Iota Phi Theta Fraternity Inc.
Fraternity & Sorority Life

Inter-Fraternals Council (IFC) Fraternities & Sororities

Alpha Phi Omega National Service
Gamma Sigma Sigma Sorority Inc.
Groove Phi Groove
Kappa Kappa Psi National Honorary Band Fraternity
Mega Mega Social Fraternity
Mu Phi Sigma National Percussion Fraternity Inc.
Nu Gamma Psi Fraternity Inc.
Phi Mu Alpha Sinfonia Fraternity
Tau Beta Sigma National Honorary Band Sorority
Tuba Phi Tuba Brass Fraternity
Fraternity & Sorority Life

Honor Society & Fellowships
Alpha Phi Sigma (Criminal Justice)
Kumba Art Society
Phi Beta Lambda (Business)
Phi Lambda Upsilon (Chemistry, and Chemical Engineering)
Pi Mu Epsilon (Mathematics)
Pi Sigma Alpha (Political Science)
Psi Chi (Psychology)
Swing Phi Swing Social Fellowship
Sigma Tau Delta (English)
Sigma Alpha Pi (Leadership and Success)
Upsilon Pi Epsilon (Computer Science)